

## Resources For Families

Ohio Help Me Grow & Ohio Early Intervention  
(800) 755- GROW (4769)  
[www.refer.ohiocentralintake.org](http://www.refer.ohiocentralintake.org)

Kentucky First Steps Early Intervention  
(877)417-8377

Kentucky Moms Maternal Assistance Towards Recovery  
859-5783200

Early Childhood Mental Health Consultation  
Hamilton County - (513) 752-1555  
Warren & Clinton County - (513) 228-7800 ext 229  
Butler County - (513) 867-7065  
Clermont County - (513) 732-7860

Social Work & Case Management  
Social work and case management services may be available through organizations such as hospitals, clinics, or community. They can support with coordinating appointments and transportation, locating community resources, and providing emotional support to families.



### Mission

Improve outcomes and well-being of children and families impacted by substance use disorders

### Vision

Children and families impacted by substance use disorders will have safe environments and resources to support healthy growth and development

WE NEED TO FOLLOW  
**ALL CHILDREN**  
WHO EXPERIENCE  
PRE-NATAL  
EXPOSURE

For more information  
contact us at  
[nextstep@cchmc.org](mailto:nextstep@cchmc.org)

Next Step Collaborative  
Cincinnati, OH

## Prenatal Opioid Exposure & Young Children

Developmental Outcomes and Supports for Growth





Children exposed to opioids before birth are all unique in how they grow and develop. Research tells us they may experience delays in development and/or behavioral concerns. As your child grows, watch for and discuss any concerns you may have with your child's doctor. This pamphlet will outline common developmental concerns and where to find support for your child's growth.

## Developmental Areas to Observe



**Behavior** | Challenges with attention, impulsivity, and calming when upset or overwhelmed.



**Learning** | Need for school supports (IEP or 504 Plan) to access education appropriately.



**Speech** | Delays in speech/language skills (speaking, understanding words or instructions) and literacy skills (reading).



**Sensory** | Preferences to how they interact with their environment. Examples: Sensitivity to noises, touch, textures of foods. Craving movement, chewing non-food items.



**Vision** | Failed visual exams, eye drifting or alignment issues, eye movement control, and how clear your child sees.

## Build Your Child's Team!

Aim to find a doctor you trust and feel comfortable discussing your child's needs. Your child's doctor can help connect you to additional resources and professionals to support your child's development. Professionals listed below may be helpful.



**Behavior** | Developmental Behavioral Pediatrician and Psychologist specialized in child development.



**Learning** | Early intervention for children birth to 3 years old. Local school district for children ages 3 and up.



**Speech** | Speech Language Pathologist



**Sensory** | Occupational Therapist



**Vision** | Optometrist or Ophthalmologist



Finding a doctor to support you and your child is an important first step to track your child's development

