

Families who have children with special health care needs or who care for loved ones with a disability need to be prepared for any emergency. Ohio Family to Family created this simple list of items to have in your "Go Bag" (to have ready to grab, and go!):

- ✓ A comfort item for your loved one (e.g. family photo, book, blanket, stuffed animal, etc.)
- ✓ Your loved one's device(s) (e.g. communication device, cell phone, charger, etc.)
- ✓ Identification document and health insurance information for you and your loved one.
- ✓ My Health Passport:
[http://flfcic.fmhi.usf.edu/docs/FCIC Health Passport Form Typeable English.pdf](http://flfcic.fmhi.usf.edu/docs/FCIC_Health_Passport_Form_Typeable_English.pdf)
- ✓ Advanced Directives, such as Power of Attorney, Signed & Notarized
<https://www.ohioabar.org/globalassets/home/member-benefits/practice-management-tools-and-services/advance-directives.pdf>
- ✓ COVID-19 Disability Form for Ohio
[https://cpb-us-e1.wpmucdn.com/you.stonybrook.edu/dist/a/4436/files/2020/04/COVID-19-Form OH Fill.pdf](https://cpb-us-e1.wpmucdn.com/you.stonybrook.edu/dist/a/4436/files/2020/04/COVID-19-Form_OH_Fill.pdf)
- ✓ Safeguard Against Disability Discrimination During COVID-19
<https://www.ucucedd.org/wp-content/uploads/2020/04/Center-for-Dignity-in-Health-Care-fact-sheet-on-rights-for-people-with-disabilities.pdf>

Remember: You are NOT a visitor. You are a support person for your loved one. You have a vital role in helping the medical team and the person communicate and provide/get the best medical care with the best health outcomes.

If you feel **your rights or the rights of your loved one are being violated** in healthcare settings during COVID-19 or any other medical emergency, please contact:

Disability Rights Ohio: 614-466-7264 or 1-800-282-9181, press option 2.

Contact Us

Ohio Family to Family Health Information Center

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