



Tuesday, January 19, 2021

9:00am – 10:15am

Keynote Presentation

Claiming a Seat at the Table: Full Inclusion in the Community

Keynote speakers Terri and Brigitte will shed light on how Brigitte, a self-advocate with Cerebral Palsy, lives a full, self-determined life with her family and in her community. Brigitte's mom Terri, a long time disability activist and advocate, will give an in-depth look at Brigitte's transition from youth to adulthood and how they are making strides to continue to ensure that Brigitte has a voice in her own life.

- Terri Hancharick | Co-Founder of "EPIC"- "Endless Possibilities in the Community"
- Brigitte Hancharick | Self-Advocate
- Ilka Riddle (facilitator), PhD | UCCEDD

10:30am – 11:45 am

Breakout Session A

Being Safe Online: How to Deal with Online Friendships, Dating and Other Interactions on Social Media

A01

In this session, presenters will discuss how to use social media platforms when considering online friendships and dating. Attendees will recognize how using social media impacts people with autism and other developmental disabilities and develop strategies and resources for safe and effective use of social media.

- TJ Nestheide, Psy.D | Hamilton County Developmental Disabilities Services
- Amanda Tipkemper, M.Ed | The Children's Home / HEIDT Center for Excellence

Assistive Technology for Independence: Devices and Gadgets

A02

In this session, presenters will discuss how technology can empower youth/young adults with disabilities to live a more connected and independent life and identify the things we use every day to increase independence with personal care and daily living tasks. Presenters will demonstrate how to use technology to support environmental adaptations and allow participation in recreational activities.

- Jared Hendricks | SafeinHome

When Behavior is the Barrier to the Next Step: Strategies for Behavior Management in Youth and Adults with IDD to Enable Them to Participate in the Workforce and Community

A03

In this session, presenters will identify evidence-based strategies that support positive behaviors. They will provide examples of how these strategies can be used at home, work and in community

settings. They will also discuss resources that can be used to support young adults with DD in their positive behaviors.

- Amy Bailey, M.A., BCBA, COBA | *ABS Transitions*
 - Cadi Dart, Transition Coordinator | *Warren County Social Communication Program*
 - Kate Doyle, PhD, BCBA-D | *University of Cincinnati*
 - Kimi Remenyi, Psy.M | *Hamilton County Developmental Disabilities Services*
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Planning for the Future by Thinking about End of Life

A04

Attendees of this session will identify ways to develop a vision for the future life of their youth/young adult with developmental disabilities, including for end of life care, either of the caregivers or the person with the disability. In addition, they will recognize some of the supports that can be accessed for end of life planning and work on their own tools for planning.

- Laura Alexoff, RN, BSN | *Hospice of Cincinnati*
- Christy Gregg, C.T.R.S | *Down Syndrome Association of Greater Cincinnati (DSAGC)*
- Stephanie Leung, M.B.A. | *Hospice of Cincinnati; TriHealth*
- La Donna Morales, MSW, LISW | *Cincinnati Children Hospital Medical Center (CCHMC)*
- Tammy Vogelgesang, MSW, LISW-S | *Cincinnati Children's Hospital Medical Center (CCHMC)*
- Marion Cosgrove Rauch (facilitator), Senior Community Engagement Specialist | *UCCEDD*

Wednesday, January 20, 2021

9:00am – 10:15am

Breakout Session B

Being Safe in the Community: How to prepare for Independent Travel/Transportation in the Community, Interacting with Strangers, Encounters with Law Enforcement and Dealing with Emergencies

B01

In this session, attendees will recognize the importance of being engaged with first responders/law enforcement, direct support staff and school personnel in proactive safety planning so that youth and adults with IDD can successfully navigate their communities. Ideas on how to engage local first responders/law enforcement to ensure safety in crisis situations will be discussed, and proactive strategies to support individuals with disabilities in their encounters within the community will be presented.

- Anne Tapia, MSW, LISW | *Regional Autism Advisory Council (RAAC)*
 - Darrell Prewitt, Community Resource and Crime Prevention Specialist | *Fairfield Township Police Department*
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Technology Supports for Independent Living: Smart Home and Remote Supports

B02

In this session, presenters will identify ways in which technology helps individuals with DD to live independently in their own home/apartment and how technology helps to address the shortage of direct support professionals.

They will showcase how individuals and families can use technology to live independently while still having access to the supports they need, and provide examples of the technology that is available like sensors, two way talk devices, and more.

- Jake Hasselbach, Innovation Specialist | *Ohio at Home*
- Dan and Tracy Jones
- Brian Hart, Chief Strategy Officer | *LADD*

Growing Up: Puberty and Sexuality

B03

In this session, attendees will understand how to become an “ask-able” parent, caregiver, or professional and how to have difficult conversations with youth with developmental disabilities. In addition, attendees will understand components of informed consent for sexual relationships and how to have conversations about consent with their youth.

- Collen Mercuri-Johnson, MSW, LISW-S | *Hope Tree Consulting LLC*
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What do I need to know about Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI)?

B04

Attendees of this session will identify ways to qualify for SSI beginning at age 18 when parents' income/resources no longer count, as well as details on the application and appeals process. They will interpret the ways in which Medicare and Medicaid work with disability programs and understand details regarding working/being employed while disabled and Social Security's work incentives.

- Debi Schwartz, Social Security Consultant, CPWIC
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Wednesday, January 20, 2021

10:30am – 11:45am

Breakout Session C

Integrating Home and School Life: Transition Planning Everywhere! (Panel)

C01

In this panel presentation, attendees will recognize that transition planning goes beyond the IEP document and that everyone has a role in making transition planning a success. Panelists will share their experiences and strategies for a successful transition from school to adult life.

- Cindy Aardema, Community & Family Engagement Coordinator | *Easterseals*
 - Ian Bazzoli, MAOP | *Integrate Autism Employment Advisors*
 - Jennifer Bonenfant, MA, M.Ed | *OOD*
 - Kelley Flodder | *Sycamore Community Schools*
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It's Working! Ohio's Transition Vision for Students with Disabilities

C02

Representatives from our Ohio State Agencies involved in the success of youth with disabilities will present the core principles of the Transition Vision Work Plan and examine current strategies to assist youth in achieving meaningful community involvement and employment. Attendees will be able to develop personal actions steps to support the State Transition Vision for the youth you impact.

- Stacy Collins, M.SW | *Ohio Department of Developmental Disabilities*
 - Shannon Komisarek, Assistant Deputy Director at Opportunities | *Ohioans with Disabilities*
 - Amy Szymanski, M.Ed | *State Support Team Region 1*
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Taking Care of My Health: Managing Adult Healthcare and Living a Healthy Adult Life

C03

In this session, presenters will assess the differences between pediatric and adult healthcare systems and what is important to know for parents/caregivers and their youth/young adults with disabilities. Attendees will analyze the barriers and challenges associated with the transition to adult-focused medical care and determine how to overcome those challenges.

- Abby Nye, M.D. | *UC Physicians*
 - Lauren Wang, M.D. | *UC Physicians*
 - Jason Woodward, M.D., M.S. | *Cincinnati Children's Hospital Medical Center (CCHMC)*
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Supporting Youth and Young Adults in Adult Decision-Making: What are our Options?

C04

Attendees of this panel session will examine the options available for young adults and their families after turning 18 years of age and will understand the differences between supported decision-making, power of attorney and guardianship. Attendees will also hear from families and what they took into consideration to make their decisions.

- Andy Brennan, Attorney at Law | *Disability Rights Ohio*
 - Amy Daniel, MSN, RN, CNOR, CCCTM | *Complex Care Center at CCHMC*
 - Terri Doer, Parent Mentor | *Lakota School District*
 - Maggie Scotece, Attorney at Law | *Disability Rights Ohio*
 - Anne Tapia (facilitator), MSW, LISW | *Regional Autism Advisory Council (RAAC)*
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Thursday, January 21, 2021

9:00am – 10:15am

Breakout Session D

Recipes for Building Relationships and Community for Young Adults with Intellectual and Developmental Disabilities (Reciprocity of relationships, leisure skills, social engagement and being in the community) Vision Planning, Dreaming

D01

In this session, presenters will outline the power of having a vision for your transitioning adult's life. Presenters will identify ways to build the connections, skills and engagement in the community that allows your family member to have a full and connected life. Attendees will also have the opportunity to construct their own vision tools to identify their places and their people which whom to connect.

- Ann Myres, M.Ed. | *Hamilton County Developmental Disabilities Services*
 - Celia Schloemer, MA; DDBP Family Professional | *UCCEDD*
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Medical, Educational and Legislative Advocacy: Why It Is Important to Be Engaged

D02

In this panel session, attendees will recognize their loved ones medical, educational and legislative rights and roles. They will gather resources to support their advocacy efforts and apply the knowledge from panelists' lived experiences in each advocacy area to the lives of the individuals they support.

- Jen Alge, Esq., Parent and Co-Chair of the Government Affairs Committee at the DSAGC | *DSAGC*
- Janet Maine, Parent Mentor | *Princeton City Schools*
- La Donna Morales, MSW, LISW | *Cincinnati Children Hospital Medical Center (CCHMC)*

Addressing Self-Determination in Transitions

D03

Attendees will be able to identify situations that are often misattributed to laziness; will be able to generate reasonable explanations for a person's struggle to transition; will have more insight into the possible negative influence of the pandemic on transitions; will be able to better make sense of their observations of a person's struggle with transitions through understanding the Comfort Principle; and will be able to better identify areas for intervention in assisting individuals on the Spectrum with difficult transitions.

- Andrew Schlegelmilch, PhD | *Private practice in the Greater Cleveland Area*
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Financial Planning for a Successful and Independent Future of Young Adults with Intellectual and Developmental Disabilities

D04

In this session, attendees will differentiate between special needs estate planning and typical estate planning issues. They will identify the benefits of having a STABLE/ABLE account and describe next steps in planning for future financial needs.

- Nick Hancart, Ohio Treasurer of State | *Ohio's ABLE Program*
 - Kristina Markiewicz, Registered representative | *Black Bull Capital Partners*
 - Dan Sok, Certified Work Incentive Practitioner | *Capabilities, Inc*
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Thursday, January 21, 2021

10:30am – 11:45am

Breakout Session E

A Life Plan “To Go”: Planning for a Good Life After Graduation for Young Adults with Significant Disabilities and/or Complex Care Needs (Panel)

E01

In this session, panelists will discuss practical strategies for future planning after high school for youth/young adults with significant disabilities and/or complex medical needs. Session attendees will have the opportunity to start planning their own goals for a good life in the community.

- Dan Connors, CEO | *St. Joseph Home*
 - La Donna Morales, MSW, LISW | *Cincinnati Children Hospital Medical Center (CCHMC)*
 - Celia Schloemer, MA; DDBP Family Professional | *UCCEED*
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Having High Expectations and Letting Go: Helping Youth with IDD to Succeed in Adult Life

E02

Parent and self-advocates who are leading this session will identify the importance and impact of having high expectations. Attendees will recognize the family's role in setting expectations, in addition to those set by the school to build a full integrated life. Attendees and session leaders will also discuss ways to step back and allow your transitioning young adult to engage and drive their own dreams and visions.

- Cindy Aardema, Community & Family Engagement Coordinator | *Easterseals*
- Lisa Portune, MSW/LISW-S | *Council on Aging of Southwest Ohio*

Addressing Mental Health Needs of Youth and Young Adults with IDD: Taking a Holistic Approach

E03

After conclusion of this session, attendees will recognize symptoms of anxiety and depression in youth/young adults with IDD and develop proactive strategies to reduce anxiety. They will be informed about interventions to increase self-regulation, work engagement, and self-monitoring, and understand ways in which to increase hope, courage, and emotional regulation in people with IDD.

- Christy Even, M.A., CCC/SLP | *Warren County Educational Service Center*
 - Tom Galperin, LISW-S, TEACCH CP | *Galperin Autism Services*
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Where to Live and How to Get Around: What You Need to Know about Housing and Transportation

E04

This panel session will examine various strategies families have used to create housing options in the community for their young adult with developmental disabilities. Presenters will outline accessible and available community-based transportation options for youth and young adults with DD. Presenters and attendees will engage in discussion on how you can apply the strategies shared to your family's situation.

- Bill & Karen Blumhorst, Co-Owners and Training Manager | *Capabilities Driving School*
- Cindy Molloy
- Tennille Raines, Housing Coordinator | *Hamilton County Developmental Disabilities Services*