Integrated Supports

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.

Technology
- SeeSaw
- Class DoJo
- Google Classroom
- Video Chats
- Alexa
- Google
- YouTube
- Communication Device
- Visual/hearing aids
- Large print
- Screen readers
- Headphones
- Classroom Chats
- Visual Timers
- Audio Timers/Reminders
- Visual Schedules

Personal Strengths & Assets
- Student:
  - Thrives on routine
  - Flexible
  - Curious
  - Creative
  - Independent
  - Cooperative
- Parent/Household:
  - Daily routines
  - Have a dedicated space
  - Creative
  - Siblings
  - Access/ability to create schedules
  - Technology Available
  - Neighborhood

Relationships
- Family
  - Friends
  - Classmates
  - Teachers
  - IA's
  - Therapists
  - Neighbors
  - Teammates
  - School Club Members
- E-Learning
  - SeeSaw
  - Class DoJo
  - Google Classroom
  - Video Chats
  - Alexa
  - Google
  - YouTube
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Community Based
- Virtual Field Trips
- Neighborhood Scavenger Hunt
- Virtual Read Alouds

Art: online art classes, virtual art museum tours, rock painting, sidewalk chalk, window displays/paintings

PE: nature walks, bike rides, basketball in driveway, virtual exercise programs

Music: online instrument/voice lessons, virtual concerts, making instruments out of household items

Eligibility Specific
- Telehealth options
- Resources from DOE
- Special Education Services
- INDATA/PATINS
- Vocational Rehabilitation/Pre-Ets

Access the LifeCourse framework and tools at lifecoursetools.com

Developed by the UMKC Institute for Human Development, UCEDD. More tools and materials at lifecoursetools.com

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