I can wear a Mask!
A Social Story for Visual Learners

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COVID-19, also known as the “coronavirus,” is a new sickness everywhere.
People who have coronavirus might have a fever, a cough, or may have trouble breathing.
You can wear a face mask to keep coronavirus germs away and to keep from getting sick.
To stay safe, people may wear masks when they go to public places like the grocery, pharmacy, park or to see the doctor.
It is not a mask like Batman or Spiderman!

It is a cloth or medical mask more like this...
These masks come in many sizes, shapes, & colors.
Some are homemade. Some have elastic and hook on your ears, but some tie around your head.
People look different when they wear masks. At first, you might not recognize your neighbors, teachers, and friends. You can’t see their smile.
Wearing a mask can seem uncomfortable at first. It might feel hot, tight, or itchy.
Since wearing a mask can seem weird, you should practice at home, so it is easier.

CLICK HERE for a video to learn more about wearing your new mask!
Wearing a mask is a way that we can help keep everyone safe.
When you keep others safe, you can be a hero too!
CLICK HERE for more information on teaching someone to tolerate a mask.