How Do I Get Tested For COVID-19?

A Social Story for Visual Learners
COVID-19, also known as the “coronavirus,” is a new sickness that people have in the United States, but in other countries too.

Some symptoms include...

- Fever
- Coughing
- Trouble breathing
If you feel sick, you should tell an adult.

You may just have allergies, a cold, or the flu. Your parent or caregiver can call your doctor and ask.

You might go see your doctor to take a COVID-19 test.
To keep everyone safe, you might be asked to wear a mask. Your nurse or doctor might wear a mask too.

The COVID-19 test is NOT a shot. Your doctor will use a large Q-tip to wipe the back of your throat or inside your nose.

This might tickle or feel weird, but it will not hurt.
Some kids might feel scared and that’s okay. Remember to take deeps breaths, count to 10, or hold someone’s hand.

If you are still feeling sick when you get home, you should rest. Drink lots of water, try not to touch your face, and don’t forget to wash your hands!