

# Southwest Ohio Transition Checklist (12-16)

**Parents of children and young adults with developmental disabilities:** This checklist was made to help prepare and assist you as your child transitions to adulthood. Please reach out to your care team with any questions. We are here to help you through this process.



## Age 12-14

### Support System

- Build a good support system for you and your child during this time of transition.
  - This can include any person that can offer your family support. This often includes: family members, co-workers, friends, church members, and community providers.

### My Chart Access: Be aware that families lose access to MyChart at CCHMC when their child turns 13

- Keep access to your child's health information through MyChart.
  - If your child is able to give consent: They can talk to the person at the desk about giving consent.
  - If your child is not able to give consent because of a developmental delay: Please ask the person at the desk to contact Health Information Services (HIM) to allow you to have access.
  - MyChart services will re-start in 3-5 business days and will be good for 18 months.

### Individual Education Plan (IEP) / Educational Transition Plan

- Know your child's IEP goals and objectives.
- Begin to think about your child's plans for after high school.
- Talk to your school intervention specialist about delayed / deferred graduation.

Questions to think about:

- Will your child keep school based services until age 21?
  - Will your child work in the community?
  - Will your child need supported living or in home nursing care?
  - Will your child attend post-secondary school such as college?
- Explore assistive technology options to help your child be more independent. Find out how to access these.

## Southwest Ohio Transition Checklist *continued...*

### Community Resources

- Talk to your Social Worker about resources in the community.

Questions to think about:

- Is your child connected to Developmental Disability (DD) services in your county?
  - If your child is eligible, have you signed up for waiver services?
  - Will your child need guardianship supports in the future?
  - Can your child get Supplemental Security Income (SSI) benefits.
  - Can your family use a Special Needs Trust or ABLE account for long term financial planning for your child? (In Ohio this is called the STABLE account)
- Attend the Transition Boot Camp conference or Empowering Families Symposium to learn how to manage resources (<https://www.ucucedd.org/>).

### Age 15-16

#### Moving Forward: Maintaining current services and exploring future needs

- Complete the DD in home evaluation, if your child has a waiver, to determine the need for continued services.
- Explore access to job readiness and career exploration services. Look at both school based and county services offered during the school year and summer programs.
- Obtain a Permission to Work form from the school district for work programs, if your child is able to work.
- Obtain a State ID through the Bureau of Motor Vehicles (BMV).

#### Education Resources

- Transition Boot Camp (<https://www.ucucedd.org>)
- Opportunity for Ohioans with Disabilities (<https://www.ood.ohio.gov/>)
- Hamilton County Developmental Disabilities Services (<http://hamiltondds.org/>)
- Clermont County Developmental Disabilities Services (<http://clermontdd.org/>)