## **Transition 101 Checklist**

Compiled by Lynne Fogel Central Ohio Family Support Specialist Ohio Family 2 Family Health Information Center

### ✓ Supported Decision-Making or Guardianship

- o Guardianship and Alternatives toolkit (DODD)
- o <u>www.Supporteddecisionmaking.org/state-review/ohio</u>
- o <u>https://vimeo.com/382691470</u>
- o https://ddc.ohio.gov/pub/guardianship-in-ohio

#### ✓ Transition to Adult Healthcare Providers

- o <u>www.gottransition.org</u>
- o <u>Center for Adults with Autism | Ohio State Primary Care (osu.edu)</u>
- o www.boundlesshealth.org

#### ✓ Employment/Daily Life options

- o <u>Opportunities for Ohioans with Disabilities</u>
- o <u>Transition to Work summer program (Franklin County)</u>
- <u>Blueprint for Adult Day and Employment Services Work Group | Department of</u> <u>Developmental Disabilities (ohio.gov)</u>
- ✓ Adaptive and Inclusive Recreation Opportunities
  - Adaptive Sports Connection <u>https://adaptivesportsconnection.org</u>
  - Art Possible <u>https://artpossibleohio.org/</u>
  - Buddy Ball (Grove City) <u>http://www.gcdreamfield.com/site/</u>
  - Columbus Special Hockey <u>http://columbusspecialhockey.com/</u>
  - o Dreams on Horseback <u>www.dreamsonhorseback.org</u>
  - Fishing Has No Boundaries <u>https://fhnbinc.org/</u>
  - Franklin County Recreation <u>https://www.hattielarlham.org/community-</u> <u>services/adult-day-support-recreation/franklin-county-recreation</u>
  - o Friends in Harmony Programs Harmony Project
  - Next Chapter Book Club <u>www.nextchapterbookclub.org</u>
  - Rally Cap Sports <u>http://www.rcsosu.org/</u>
  - Recreation Unlimited <u>www.recreationunlimited.org</u>
  - o The Shane Center (equestrian) https://shanecenter.org
  - Special Olympics <u>https://sooh.org/</u>
  - Super Special Dancers <u>https://straubdancecenter.com/class-descriptions/</u>
  - o Team Heart & Sole <u>https://www.teamheartsole.org</u>
  - Valemee Fitness <u>www.valemee.com</u>

- ✓ Financial Planning
  - Estate Planning guide from ODDC Estate and Future Planning (ohio.gov)
  - Special Needs Trusts <u>5 Things to Know video</u>
  - Supplemental Security Income (SSI)
    - Information <u>https://www.benefits.gov/benefit/4412</u>
    - Local office locator <u>Field Office Locator | SSA</u>
  - STABLE accounts <u>https://www.stableaccount.com</u>
- ✓ Higher Education Opportunities and Supports
  - Think College <u>www.thinkcollege.net</u>
  - o TOPS Transition Options in Postsecondary Settings (TOPS) Nisonger Center (osu.edu)
  - CSCC <u>COMPETE program brochure</u>
  - o Disability Services department at any college/university
- ✓ Assistive Technology & Remote Support Options
  - AT support contact at your county board
  - o AT Ohio https://atohio.org
  - Arc of Ohio AT program <u>Assistive Technology The Arc of Ohio</u>
  - o <u>Smart Home Discovery Place Nisonger Center (osu.edu)</u>
  - Tech Summit <u>virtual bag from 2021 conference</u>
  - o OCALI | Lending Library
- ✓ Self-Advocacy Training and Opportunities
  - Aspirations <u>https://nisonger.osu.edu/adolescent/adolescent-clinics-</u> services/aspirations-ohio-2/
  - Center for Disability Empowerment <u>http://www.disabilityempowerment.net/</u>
  - <u>Centers for Independent Living Ohio Statewide Independent Living Council</u> (ohiosilc.org) (elsewhere in Ohio – CDE is the CIL for Central Ohio)
  - County Board self-advocate groups <u>Advocacy | FCBDD</u>
  - Governor's Council on People with Disabilities (GCPD) <u>http://www.gcpd.ohio.gov</u>
  - Ohio Self-Determination Association <u>https://osdaohio.org/</u>
  - People First Council <u>https://www.peoplefirstohio.org/</u>
  - Project STIR <u>https://osdaohio.org/project-stir/</u>
- ✓ Behavior Support Options
  - o Boundless Behavioral Health Boundless (iamboundless.org)
  - Nisonger <u>Behavior Support Services Nisonger Center (osu.edu)</u>
  - OhioRISE (Resilience through Integrated Systems and Excellence) | Ohio Medicaid Managed Care

- ✓ Housing Options
  - Creative Housing <u>https://creativehousing.org/</u>
  - Ohio 811 Program <u>https://ohiohome.org/811pra/</u>
- ✓ Transportation Options
  - o <u>https://www.cota.com/services/cota-mainstream/</u>
  - o OSU driver training
  - o Ohio Aging and Disability Transportation Coalition (oadtc.org)
- ✓ Social & Spiritual Issues: friends, dating, clubs, activities, faith networks
  - o Ohio Best Buddies International
  - o <u>Premier Disabled Dating and Social Community Special Bridge</u>
  - Ask for accommodations at your place of worship
  - Capernaum <u>https://capernaum.younglife.org</u>, <u>https://www.facebook.com/columbuscapernaum</u>
  - o Joni & Friends <u>www.joniandfriends.org/Ohio</u>
  - o Lifesigns Deaf Baptist Church www.lifesignsdeafchurch.com
- ✓ Transitional IEP/Goal setting/multi-agency planning process
  - o <u>A Process for Facilitating Multi-Agency Transition Planning (ohioemploymentfirst.org)</u>
  - o OCECD tip sheets: For Parents (ocecd.org)
  - ODE/OEC <u>http://education.ohio.gov/Topics/Special-Education</u>
  - o <u>Wrightslaw IEP resources</u>
- ✓ Safety & Security: personal, public, online
  - <u>11 Resources on Teaching Personal Safety Skills To Special Needs Children and Adults -</u> <u>Special Needs Resource and Training Blog (specialneedsresourceblog.com)</u>
  - o <u>Teaching Students with Disabilities about Online Safety | Power Up What Works</u>
  - o <u>Health+and+Welfare+Alert+-+Online+Safety\_May+2019.pdf (ohio.gov)</u>

Having a problem finding the right resource to meet your loved one's needs? Try reaching out to the Community Life Engagement manager in your region of the state. Find out how to connect here: <u>https://dodd.ohio.gov/wps/portal/gov/dodd/about-us/our-programs/community-life-engagement-team</u>

# As always, we at Ohio Family 2 Family are eager to help, as well. Please contact one of us if you'd like to meet one-on-one and brainstorm solutions to one of these issues!

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