

To Go bag checklist

- Copies of one-page medical profile and Health Passport
- Supplies for tube feeding or other regular care procedures
- Emotional Comfort items: book, stuffed animal, photo, etc.
- Chargers for phone and other electronic devices; multi-port extension cord for plugging in multiple devices
- Spare change/money for vending machines, cafeteria
- Physical comfort items: ear plugs, hair ties, lip balm, etc.
- Notebook and pen to keep track of instructions and information from medical staff
- A phone list of people to contact about your situation

