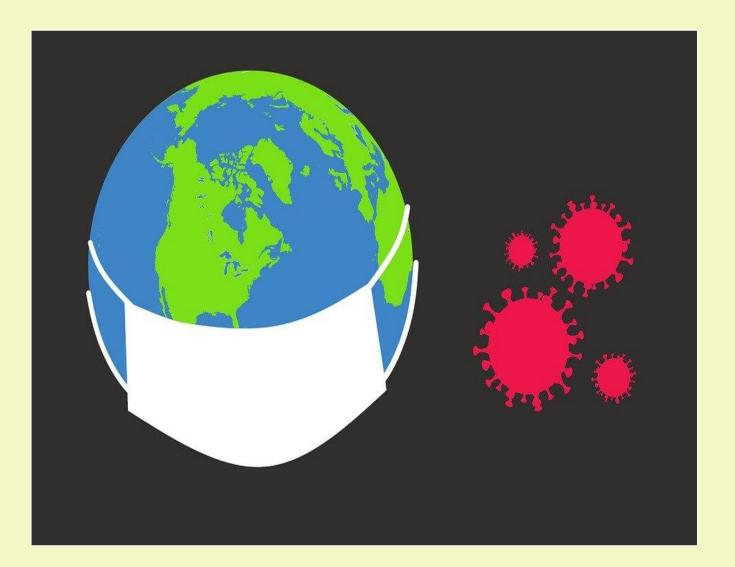


Social Distancing

A Social Story for Visual Learners

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COVID-19, also known as the "Coronavirus," is a new sickness everywhere.

Some symptoms include....







shortness of breath

People who have Coronavirus might have a fever, a cough, or trouble breathing.

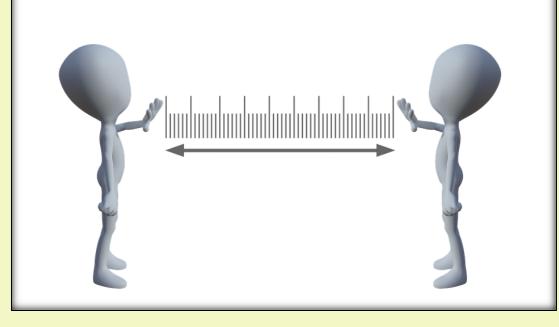


This is a new idea. Sometimes new ideas are confusing.



You may have heard people talking about **Social Distancing**.





Social Distancing is also called "Physical Distancing" because it means to put space or distance between people.



You can engage in Social Distancing by staying home with your family unless there is a reason to go out.







Some people might leave the house to:

Pick up foodGo to the store

- Go to the doctor
- Play in the yardRide bikes

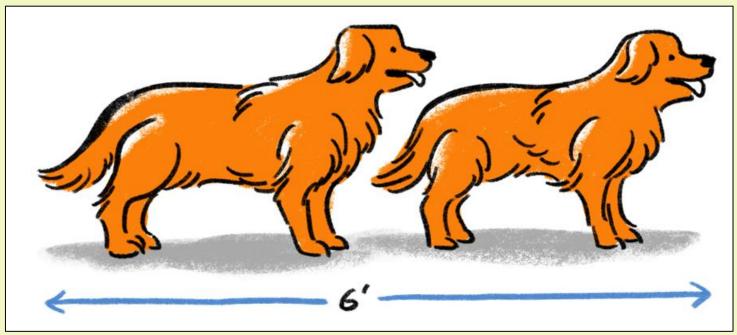




When we go out, we should stand far apart to keep germs from spreading.

Standing far apart is **Social Distancing**.





When we go out, we should stand at least <u>6 feet</u> away from people that don't live inside our house.

To help us remember, <u>6 feet</u> is about the length of your bed or two Golden Retrievers!

ocial Distancing Means Standing 6 Feet Apart. Here's What That Actually ooks Like, Text Rogers - https://www.cnn.com/2020/03/24/health/sixeet-social-distance-explainer-coronavirus-wellness/index.html





We stand far apart because germs can spread when we cough, when we sneeze, and even when we talk!





To keep ourselves and others from getting sick, we can:

Stand far apart
Wash our hands
Wear a mask

Since "social distancing" is a new skill for us to learn, watch a video to find out more!



<u>CLICK HERE</u> for a video to learn more about Social Distancing!

Or you can type this link into your browser: https://youtu.be/s4WEN6bAScw PAGE 12





Also, just because we need to stay home or stand far apart doesn't mean we can't talk to people we care about.







We are learning new ways to be together.

We can even play games together through the phone & computer!



And soon we may be able to spend time together in person too.

When we do, we will practice what we learned about **Social Distancing**.



Caregivers, CLICK HERE for more information about teaching someone to engage in Social Distancing.

Or you can type this link into your browser: https://youtu.be/8egjdU3vqdc