## What I wish I knew when my son exited high school...

- ► Group settings with many with disabilities could be challenging, so do I think my child will thrive in that environment?
- ▶ In group settings, ratios of staff are important as well as their experience and tenure
- ▶ What options do I have other than group settings, such as ADA?
  - ► Family driven programming (which is where we ended up)
    - ► Financial support from State, waivers
    - ▶ Independent providers to help execute plans
- ▶ What kind of adult life did we want for our son? What kind of day to day experiences would we want him to have?
- We needed to uncover what Steve enjoyed the most and focus on those areas.
- In his case, #1, meeting and engaging with people and making new friends, and #2 doing art

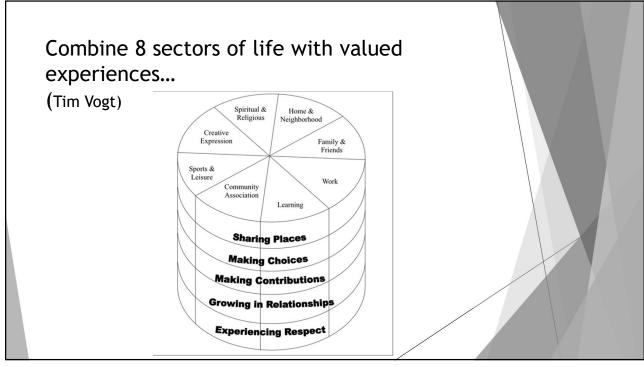
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### How to build out a plan

(J.O'Brien's 5 valued experiences)

- ▶ What interests do they have?
- ▶ Pick a place, any place...
- ▶ What choices can he make?
- ▶ What contribution can be made there?
- ▶ What potential relationships can be made?
- ▶ Outcome: Respect

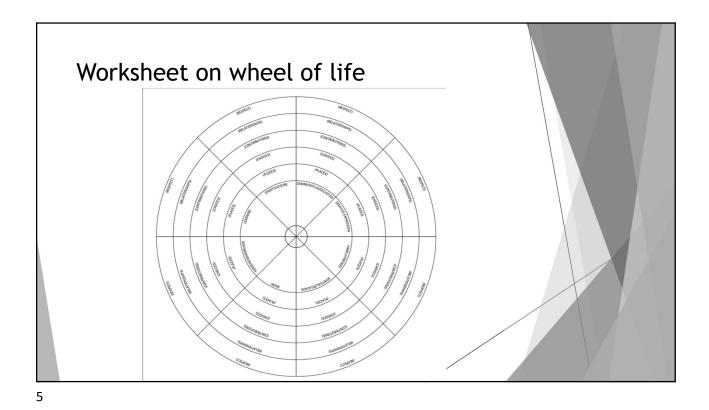




Steve's Wheel of Life

Life

3



Courage = Virtue to live by

► "All it takes is 8 seconds of OUTRAGEGOUS COURAGE to transform one's life"

► Benjamin Mee, original quote

## Pre-COVID Baptism Project



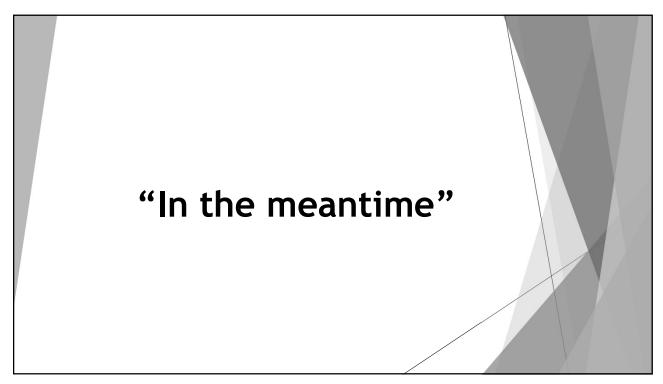




#### **Considerations:**

- Interests of Steve: art, baby arrival dates, meeting new people, calendars, picture taking...
- Where is a place? Our church, where we already have some contacts & familiarity
- Contributions: How can we contribute where babies show up with art? "Baptisms"

- Steve got to build relationship with a local artist (now friend) to create a collage board to hold the pictures of families getting baptized
- Steve regularly engaged with staff at church to get new pictures and set up weekly signage
- Steve got to meet new families @ baptisms, inquire about things he loves such as due dates,
- He became a contributor to the church by enhancing the baptism experience and welcoming these families into the community



## Sidewalk chalk Neighborhood Challenge





- · Neighborhood outdoor activity (COVID)
- Share good messages throughout our community
- Interest Steve has in art

#### Outcome:

- · Job of feeding fish (using art)
- Intros to some receptive neighbors we didn't know before.





9

# Neighborhood Project: letter writing intro / welcome new life to neighborhood

Hello HHB Neighbors-

I am Nancy Fuller, your neighbor at 2180 HHBS. Many of you have met my son, Steve, who orchestrated the sidewalk chalk project in our neighborhood this summer. My husband David & I often take walks in the neighborhood with our labradoodle, Ruby.

Years ago, when we were home-schooling Steve, we uncovered his love of calendars and dates. This interest evolved into a special gift: Steve an calculate on which day of the week you were born, once he knows the date (month, day and year).

In addition to birthdays, he also loves due dates. He is very interested to learn who is expecting and when the baby is scheduled to arrive. He tracks the due dates with anticipation, waiting to see if the baby actually comes on that day. We would like to turn Steve's interest into a neighborhood update on the HHB Facebook page! We'd love to hear from families in the neighborhood who are expecting new loved ones and, with their permission, post a photo of them on the HHB Facebook page once the baby has arrived.

If you are expecting and would like to share your exciting news with our neighbors, please stop us when we're walking by your home, call us or send me a text at the contact information below.

Enjoy our beautiful Fall-

2180 HHBS

513-678-5466









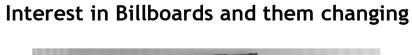


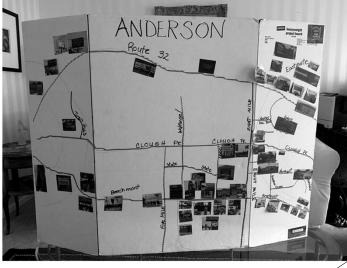
### Considerations:

- What can we do outside?
- ► How can we meet more people?
- ► How can we engage thru social media?
- ▶ Fun taking pictures

### Possible outcomes:

- Existing friends connecting us with new friends
- Join forces with others interested in finding pigs







## **Fulfillment**

- ► "The true path to fulfillment is like knitting together 'every moment' of love, generosity, kindness, clarity, compassion, & beauty you experience until the threads form the fabric of your life"
  - ▶ Deepak Chopra